



IJSLANDER



ADVANTAGES

- ✓ Developed in collaboration with TNO and Top Health Partners physiotherapists.
- ✓ EPDM rubber is also available in black.
- ✓ TÜV certified.

TWENTY+ BODYSHAPER FIT4LIFE

Article: 1385

The Twenty+ Bodyshaper is a reclining bench with comfortable EPDM and, on one side, a large footrest/handle that offers resistance. There are two smaller handles on the other side. Various abdominal exercises and push-ups can be done on this bench. The Fit4Life Body Shaper is particularly suitable for strength training. The Twenty+ Bodyshaper is standard equipped with blue EPDM on the bench and handles.

[Read more on our website](#)

SPECIFICATIONS



Fall height

0.4m



Safe zone

5.3m x 3.6m



Total weight

76 kg



Measurement

2.25m x 0.76m x 0.48m



Play value

Socialising,
Suppleness, Agility, Muscle
strength, Exercise, Sports
activities, Outdoor fitness,



Age

16 - 70



Heaviest part

24 kg



Montage

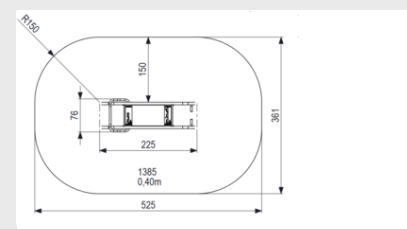
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Materials

RVS (buis 42,4x3mm, schijf Ø85x6,
veerelement) EPDM, bevest...

Veilige zone





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IMPRESSION

