



IJSLANDER



## ADVANTAGES

- ✓ Developed in collaboration with TNO and Top Health Partners physiotherapists.
- ✓ EPDM rubber is also available in black.
- ✓ TÜV certified.

## TWENTY+ BODYLIFT FIT4LIFE

Article: 1386

The Twenty+ Bodylift has a comfortable seat and a handle on top. The exercise consists of a pull-up without any assistance as the seat also moves as you do. Your own body weight is used for the pull-up. The exercise is mainly focused on strengthening the upper part of the torso. The Twenty+ Bodylift is standard equipped with blue EPDM on the seat and handle.

[Read more on our website](#)

## SPECIFICATIONS



### Fall height

0.48m



### Safe zone

3.93m x 3.98m



### Total weight

82 kg



### Measurement

0.93m x 0.98m x 1.49m



### Play value

Socialising,  
Suppleness, Agility, Muscle  
strength, Exercise, Sports  
activities, Outdoor fitness,



### Age

16 - 70



### Heaviest part

15 kg



### Montage

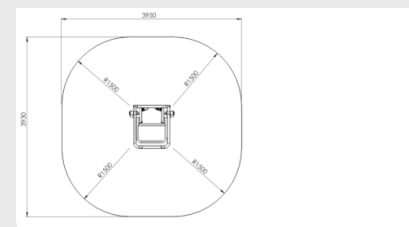
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### Materials

RVS (buis 42,4x3, veerelement,  
lagerconstructie) EPDM, beves...

### Veilige zone





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## IMPRESSION

