



IJSLANDER



## ADVANTAGES

- ✓ Developed in collaboration with TNO and Top Health Partners physiotherapists.
- ✓ The steps of the Fit4Life Stairs are available with anti-slip EPDM or with perforated anti-slip plate.
- ✓ EPDM rubber is also available in black.
- ✓ TÜV certified.

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## FIFTY+ STAIRS FIT4LIFE

The Fifty+ Stairs has stairs on two sides with various risers. This equipment also has handrails on both sides that are in the same position as stairways encountered in everyday life. Varied exercises can be done with the stairs; steps can be skipped or taken backwards. In addition to the leg muscles, it also trains balance, coordination and cardio. The Fifty+ Stairs is standard equipped with blue anti-slip EPDM on the stairs.

[Read more on our website](#)

## SPECIFICATIONS



### Fall height

0,6m



### Age

20 - 99



### Safe zone

66m x 37m



### Total weight

121 kg



### Heaviest part

47 kg



### Measurement

2,34m x 0,68m x 1,47m



### Montage

Suren00



### Play value

Socialising,  
Suppleness, Agility, Muscle  
strength, Exercise, Sports  
activities, Outdoor  
fitness, Cardio, Balance,



### Materials

RVS (buis 42,4x3 en 33,7x2 en  
25x2,6mm, strip 25x10mm, plaat...





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## IMPRESSION



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