



IJSLANDER



## ADVANTAGES

- ✓ Developed in collaboration with TNO and Top Health Partners physiotherapists.
- ✓ The Fifty+ Pusher is for individual or dual use.
- ✓ The Fifty+ Pusher also comes in a wheelchair-friendly design.
- ✓ EPDM rubber is also available in black.

Article: 1371

## FIFTY+ PUSHER FIT4LIFE

The Fifty+ Pusher has a seat and footrest for a comfortable position. The arm muscles and torso are trained by pushing away the railing and then pulling it back. The exercises are suitable for seniors for both cardio and muscle strength training. The Fifty+ Pusher is standard equipped with blue EPDM on the handles and seat.

[Read more on our website](#)

## SPECIFICATIONS



### Fall height

0.17m



### Age

20 - 99



### Safe zone

3.89m x 3.71m



### Total weight

45 kg



### Heaviest part

45 kg



### Measurement

0.89m x 0.71m x 1.24m



### Montage

4



### Play value

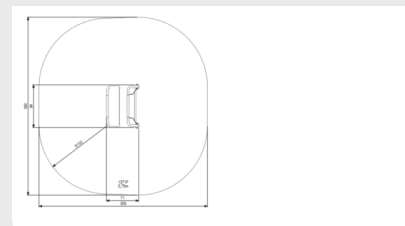
Socialising,  
Suppleness, Agility, Muscle  
strength, Exercise, Sports  
activities, Outdoor fitness, Cardio,



### Materials

RVS (buis 42,4x3 en 33,7x2mm,  
plaat 3mm, EPDM, rubber, beves...

### Veilige zone





IJSLANDER

## IMPRESSION

